

PRESIDENT'S JUNIOR LEADERSHIP COUNCIL



Empowering students to become leaders

The President's Junior Leadership Council (PJLC) is a youth leadership group that promotes the health, safety and well-being of adolescents in Northern Westchester.

PJLC members identify health issues affecting their peers and work collaboratively to create projects to improve community health and wellness. Students explore healthcare careers and gain skills for life after high school.



Incoming members carry on a long legacy of teens creating positive change

How does this program benefit students?

- Students explore healthcare careers and interact with hospital professionals.
- PJLC members gain community service experience through volunteering.
- Students learn and develop valuable leadership skills, beneficial in college and beyond.
- PJLC members are empowered to develop their voices and become advocates for positive change in their communities.

PJLC Volunteer Opportunities

PJLC students engage in multiple volunteer opportunities in the community, which have included food pantries, community gardening, health fairs, and Medical Career Day. Select PJLC students participate in experience programs or volunteer in the main hospital, through the Volunteer Department

PJLC Health Campaigns

The PJLC develops public health campaigns that empower peers in the community to lead healthy lifestyles. These campaigns are designed to educate and ignite positive change. PJLC members collaborate with the hospital's Community Health team to develop meaningful programs in schools and the community.

What do students like best about the PJLC?

The close-knit, community feel of the group - it created a safe space!



I really like the community that PJLC fosters. The group is filled with passionate students who are all super interested in what we are learning.



We got so creative and forward thinking! I learned how to adapt and work with so many new people under different circumstances!



It's one of the single greatest things that I have done in high school. Above all, PJLC has really given me confidence. It has profoundly changed my life for the better.



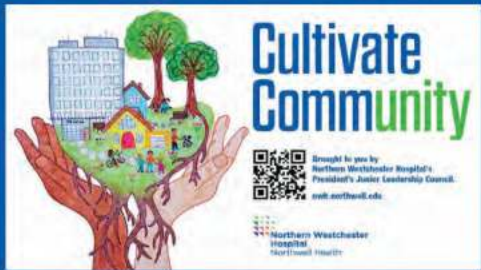
I was able to physically help give back and see the positive influence PJLC has on our community.



My favorite aspect of PJLC was the exposure to different kinds of professions that make up healthcare.

I feel so much more confident about my future in healthcare! The community the PJLC has created is warm, motivating, and inspiring.

Some of our past campaigns



2021 Cultivate Community



2018 Reframe Your Perspective



2016 Branch Out of Anxiety

Who is eligible to join?

Students attending 8 area high schools: Byram Hills, Fox Lane, Yorktown, John Jay (Katonah/Cross-River), North Salem, Somers, Pleasantville, and Horace Greeley. If you attend a different school in the region, e-mail us at PJLC@northwell.edu to explore eligibility for other Northwell Junior Leadership programs.

How many students serve on PJLC?

50 students serve on the PJLC each year.

How long is the commitment?

PJLC students commit to serving for at least one year and attend meetings twice per month at Northern Westchester Hospital. Students are encouraged to continue with the program throughout their high school careers. The program runs during the school year from September to May.

What happens at bimonthly meetings?

At our Speaker Series meetings, students hear from knowledgeable and experienced Northwell healthcare experts, fostering career exploration through interactive experiences. At Workgroup meetings, students work collaboratively on health initiatives, and engage in workshops that foster leadership and team-building skills.

How can I join?

We accept new members annually through a selective application process that opens in January. Please know we are only able to interview and accept a select number of students. Students who apply will be informed via email of an application decision. Accepted new students begin in September.

Who leads PJLC?



Amy Rosenfeld, MS, RDN, is the Program Coordinator for Student Support Services. Amy leads student development, mentoring and spearheads public health projects for the program.



Rachel Merchan, LCSW, is the Program Coordinator for Recruitment and Lecture Series. Rachel leads the annual recruitment process and develops our speaker program with healthcare experts.



Scan QR Code for more information or visit: northwell.edu/pjlc-application
Questions?
 Please email: PJLC@northwell.edu

